



Date _____

1. My first action on awaking this morning is to bring awareness to my life's purpose. What actions do I need to take today?

2. Say my affirmations. Write down more thoughts about the person I AM BECOMING: I AM _____

I AM _____

3. Begin my day by writing my three to six months goal as if I have already achieved them. I am already experiencing

4. Prioritize six tasks for today that will bring me closer to my goal.

"Clear Intention + Right Actions = Success"

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